

CRISIS TEXT LINE |

AN ALL CLEAR FOUNDATION SOLUTION

All Clear Foundation proudly partners with Crisis Text Line to provide confidential support with access specifically for Emergency Responders.

Responders face challenges daily that can push them to their limits.

Over the past year, anxiety and depression rates among Responders have reached an all-time high. In times of increasing stress, All Clear Foundation understands we can all use some extra support.

If you or someone you know is feeling overwhelmed, text **BADGE** to **741-741** to reach our partners at Crisis Text Line. Their experienced and trained crisis counselors are available 24/7 for free.

- **Free and completely confidential**
- **Connect with trained crisis counselors**
- **Available 24/7 for any crisis, big or small**
- **Text-based and easy to use**



RESPONDER**STRONG**